LUNCHTIME CO®

WEEK 1 MENU

WEEKS: 02/11, 23/11, 14/12, 18/01, 8/02, 8/03

Hertsmere Jewish Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Homemade Chicken Nuggets served with Buttered Parsley Potato & Mixed Vegetables	Tex Mex Beef Chili served with Savoury Vegetable Rice & Salad	Chicken Arrabiata Spaghetti in Rich Tomato Sauce, served with seasonal vegetables	Roast Chicken served with Roast Potatoes, Carrots, Broccoli & Gravy	Breaded Fish Goujon served with Chips, Garden Peas or Baked Beans
MEAT FREE	Vegetable Nuggets served with Buttered Parsley Potato & Mixed Vegetables	Tex Mex Vegan Mince served with Savoury Vegetable Rice & Salad	Mac & Cheese with Cheesy Vegetable Sauce, and Seasonal Vegetables	Cauliflower Vegan Roast Potatoes, Carrots, Broccoli & Gravy	Roasted Vegetable Frittata served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad
DESSERTS	Choose One of Our Fabulous Desserts Chocolate Brownie, Fresh Fruit	Choose One of Our Fabulous Desserts Apple Crumble with Custard, Fruity Jelly, Fresh Fruit	Choose One of Our Fabulous Desserts Oat Flapjack, Fresh Fruit	Choose One of Our Fabulous Desserts Iced Vanilla Sponge, Fruity Jelly, Fresh Fruit	Choose One of Our Fabulous Desserts Cinnamon Shortbread with fruit slice, Fresh Fruit

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 2 MENU

WEEKS: 09/11, 30/11, 4/01, 25/01, 22/02, 15/03

Hertsmere Jewish Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Burger in a Bun served with Mixed Salad	Chicken Shawarma served with Pitta Bread Finger, Savory Rice & Garlic Dip	Beef lasagna served with homemade garlic bread & mixed vegetables or fresh salad	Roast Turkey served with Roast Potatoes, Carrots, Broccoli & Gravy	Breaded Fish Goujons served with Chips, Garden Peas or Baked Beans
MEAT FREE	Vegetarian Burger in a Bun served with Mixed Salad	Falafel served with Pitta Bread Finger, Savory Rice & Garlic Dip	Vegetable lasagna served with homemade garlic bread & mixed vegetables or fresh salad	Leek wellington served with potatoes, carrots, broccoli & gravy	Cheese & Tomato Quiche served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad
DESSERTS	Choose One Dessert Fabulous Desserts Chocolate Shortbread with Orange Wedge, Fresh Fruit	Choose One of Our Fabulous Desserts Orange Syrup Sponge, Fruity Jelly, Fresh Fruit	Choose One of Our Fabulous Desserts Oat cookie, Fresh Fruit	Choose One of Our Fabulous Desserts Apple Sponge, Fruity Jelly, Fresh Fruit	Choose One of Our Fabulous Desserts Secret Garden Muffins (chocolate & courgette, Fresh Fruit

Making lunchtime the highlight of your day

LUNCHTIME CO®

WEEK 3 MENU

WEEKS: 16/11, 7/12, 11/01, 01/02, 01/03, 22/03

Hertsmere Jewish Primary School

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Teriyaki Wrap served with Hand Cut Wedges, Peas & Sweetcorn	Beef Bolognaise served with Spaghetti, Seasonal Vegetables or Mixed Salad	Breaded Turkey Schnitzel served with Mashed Potato, Seasonal Vegetables & gravy	Lemon & herb roast chicken served with Roast Potatoes, Carrots, Broccoli & Gravy	Breaded Fish Goujon served with Chips, Garden Peas or Baked Beans
MEAT FREE	Roasted Vegetable Teriyaki Wrap served with Hand Cut Wedges, Peas & Sweetcorn	Vegetable Bolognaise served with Spaghetti, Seasonal Vegetables or Mixed Salad	Vegetable Schnitzel with Mashed Potato, Seasonal Vegetables & gravy	Quorn Fillet served with Roast Potatoes, Carrots, Broccoli & Gravy	Vegetarian Nuggets served with Chips, Garden Peas or Baked Beans
PASTA & JACKETS	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad	Jacket potato or Pasta with tuna mayo or baked beans and fresh salad
DESSERTS	Choose One of Our Fabulous Desserts Chocolate Brownie, Fresh Fruit	Choose One of Our Fabulous Desserts syrup sponge with warm vanilla custard, Fruity Jelly, Fresh Fruit	Choose One of Our Fabulous Desserts Vanilla Sponge, Fresh Fruit	Choose One of Our Fabulous Desserts Oat & raisin frosted flapjack, Fruity Jelly, Fresh Fruit	Choose One of Our Fabulous Desserts Chocolate Oat Cake, Fresh Fruit

Making lunchtime the highlight of your day